

# Thought for the Week

Week beginning Monday 17<sup>th</sup> April 2023

**“Victory comes from finding opportunities in problems.”**

**Sun Tzu**

Week beginning Monday 24<sup>th</sup> April 2023

**“Discipline is the bridge between goals and accomplishment”.**

**Jim Rohn**

Week beginning Monday 1<sup>st</sup> May 2023

**“If you want to go quickly, go alone. If you want to go far, go together.”**

**African Proverb**

Week beginning Monday 8<sup>th</sup> May 2023

**"What mental health needs is more sunlight, more candour, and more unashamed conversation."**

**Glenn Close**

Week beginning Monday 15<sup>th</sup> May 2023

**“If you don’t know history, then you don’t know anything. You are a leaf that doesn’t know it is part of a tree”**

**Michael Crichton**

Week beginning Monday 22<sup>nd</sup> May 2023

**We don't appreciate what we have until it's gone. Freedom is like that. It's like air. When you have it, you don't notice it.**

**Boris Yeltsin**