

Summer 2018 Menu week one

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Beef Bolognese	Spring Lamb & Butter Bean Casserole	Roast Turkey	Lemon & Thyme Chicken	Battered Catch of the Day
MAIN COURSE 2	Fisherman's Pie	Chicken & Sweetcorn Puff Pastry Pie	Maple Glazed Bacon Loin	Beef Stir Fry	Bacon & Spring Vegetable Potato Bake
VEGETARIAN CHOICE	Quorn & Chickpea Bolognese	Spinach & Tomato Frittata	Macaroni Cheese	Mixed Bean & Vegetable Burrito	Quorn Battered Sausage
STARCHY FOOD	Linguine	Diced Potatoes	Roasted Potatoes	Wholegrain Rice	Chips
VEGETABLES	Steamed Broccoli & Sweetcorn	Cauliflower & Garden Peas	Spring Greens & Carrots	Carrots & Garden Peas	Mushy Peas & Baked Beans
DESSERT	Banana Crunch Muffins	Rhubarb & Coconut Crumble	Mixed Fruit Flapjack	Eve's Pudding	Chocolate Brownie



Summer 2018 Menu week two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Cumberland Sausages with Red Onion Gravy	Chicken Curry	Roast Beef with a Yorkshire Pudding	Beef Lasagne	Battered Catch of the Day
MAIN COURSE 2	Baked Cajun Chicken	Pork Teriyaki	Chicken & Spinach Pasta Bake	Spanish Chicken	Chicken & Mixed Bean Tortilla Bake
VEGETARIAN CHOICE	Spring Vegetable Stew with Herby Dumplings	Quorn & Vegetable Stir Fry	Quorn Sausages	Vegetable Ragu	Homemade Quorn & Lentil Curry
STARCHY FOOD	Mashed Potatoes	Wholegrain Rice	Herby Diced Potatoes	Penne Pasta	Chips
VEGETABLES	Garden Peas & Carrots	Cauliflower & Green Beans	Carrots & Spring Greens	Steamed Broccoli	Mushy Peas & Baked Beans
DESSERT	Apple & Blackcurrant Crumble	Chocolate Banana Cake	Oaty Fruit Crunch	Mixed Fruit Jelly	Fruity Muffin



Summer 2018 Menu week three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Cottage Pie	Spring Salmon	Roast Chicken	Aromatic Beef Curry	Battered Catch of the Day
MAIN COURSE 2	Tuna Pasta Bake	BBQ Chicken	Beef Stew with Spinach Dumplings	Moroccan Chicken	Turkey Burgers
VEGETARIAN CHOICE	Quorn & Spring Vegetable Cottage Pie	Roasted Mediterranean Vegetable Lasagne	Cheese & Tomato Quiche	Chickpea & Vegetable Curry	Spicy Lentil & Bean Burgers
STARCHY FOOD	Baled Parsley Wedges	Herby Cous Cous	Roast Potatoes	Wholegrain Rice	Chips
VEGETABLES	Spring Greens & Carrots	Green Beans & Red Pepper Strips	Broccoli & Cauliflower	Carrots & Garden Peas	Mushy Peas & Baked Beans
DESSERT	Mixed Fruit Crumble	Carrot Cake	Fruity Chocolate Bake	Strawberry Mousse	Apricot & Cinnamon Cake

