

# Toynbee School

## Anti-Bullying Policy for Students

### What is bullying?

Bullying is persistent and deliberate behaviour intended to hurt or humiliate an individual.

Bullying can be:

- Verbal or Physical
- Racial or Faith based
- Sexist
- Homophobic
- Cyberbullying
- Due to a disability

### What to do if you are being bullied:

#### Tell Someone!

Tell a friend, a parent or an adult at school.

You can speak to an Anti-bullying Ambassador, every Wednesday lunch time in the Nurture Room.

#### Be Confident

Intimidation is the only way a bully knows they are having an effect on you – so don't let them see it! Most bullies are insecure themselves and prey on people to make them feel better.

#### Surround yourself with your friends

A bully will be put off trying to hurt or humiliate you if your trusted friends are around.

### How school will help:

- ★ Zero tolerance on bullying
- ★ Teach you about anti-bullying
- ★ Support networks – Peer Mentors and Anti-bullying Ambassadors
- ★ Tackle and deal with all incidents seriously
- ★ Contact parents where necessary
- ★ Sanction the bully
- ★ Involve the Police if necessary
- ★ Teach you about reporting online concerns through CEOP



### Key people who can help:

Peer Mentors ★ Teachers ★ Tutors ★ Guidance Managers ★ Matron ★ Progress Directors ★ Mr Lawrence ★ Mr Longden ★ Prefects ★ Anti-bullying Ambassadors

